1. I am a (check all that apply)
   □ Cancer Survivor (specify type: ________________________
   □ Relative or caregiver of cancer survivor
   □ Lay health worker/promoter
   □ Health care provider (specify): ________________________
   □ Other: __________________

2. I have health insurance.  □ Yes  □ No
   If yes, please list: __________________

3. My age is _______ years.

4. My gender is Female    Male

5. My zip code is ________________

6. My ethnicity is
   □ Hispanic or Latino
   □ Non-Hispanic or Non-Latino

7. My race is (check all that apply)
   □ White
   □ Black or African American
   □ Native American
   □ Asian/Pacific Islander
   □ Other (specify): __________________

8. My current knowledge/experience with this topic
   □ None at all
   □ Very little
   □ Some
   □ A lot

9. After viewing this presentation I learned
   □ Nothing new
   □ A little bit
   □ Some
   □ A lot

10. This topic is relevant to my life or my practice
    □ Strongly agree
    □ Agree
    □ No opinion/not applicable
    □ Disagree
    □ Strongly disagree

11. The speaker was prepared and informative
    □ Strongly agree
    □ Agree
    □ No opinion/not applicable
    □ Disagree
    □ Strongly disagree

12. I would not have been able to attend a lecture on this topic if it had not been available via videoconference/online
    □ Strongly agree
    □ Agree
    □ No opinion/not applicable: I did attend in person
    □ Disagree
    □ Strongly disagree

13. Additional comments/ suggestions:

14. Other topics I would like to see addressed include:

15. As a result of viewing this presentation, I will: (select all that apply):
    Obtain medical attention  □ Yes  □ No
    Share this information with other  □ Yes  □ No
    If yes, who: __________________
    Change the way I take care of my health  □ Yes  □ No

16. Did you feel there was any bias toward any particular product or company?  □ Yes  □ No

PRESENTATION QUESTIONS

1. Which of the following products may regulate over 2000 genes in the body and brain?
   A. Vitamin A
   B. Fish Oil/ Omega 3 Fatty Acids
   C. Vitamin C
   D. Vitamin D

2. Which of the following would be the best first-line approach to help treat depression?
   A. Eat an incomplete protein with a complex carbohydrate every 3-4 hours.
   B. Eating a complete protein with a complex carbohydrate every 3-4 hours.
   C. Supplementing the diet with 1.0 Gm/day of omega-3 fatty acids.
   D. Adding St. John’s wort.

3. Which of the following individuals is least likely to have a deficiency in vitamin D (e.g., <30 ng/ml 25-OH D3)?
   A. A young athlete who drinks a gallon of fortified vitamin milk per day.
   B. An elderly patient in a nursing home taking 400 IU vitamin D3 per day.
   C. A patient with chronic renal disease taking 800 IU vitamin D2 per day.
   D. An obese person with a malabsorption syndrome taking 1000 IU vitamin D3 per day.

4. Which of the following is not associated with causing anemia?
   A. Vitamin B12 deficiency
   B. Folate (B9) deficiency
   C. Omega-3 Fatty Acid Deficiency
   D. Iron Deficiency

5. Which of the following neurotransmitters is important for minimizing anxiety, helping with sleep, stabilizing the mood and regulating appetite?
   A. Norepinephrine
   B. Dopamine
   C. Histamine
   D. Serotonin