¡Vida! – Health Care Professional Educational Series – June 12, 2014   Location: ________________________________

Diet and Cancer: Prevention, Treatment and Survival

1-I am a (check all that apply)
   Cancer Survivor (specify type: ______________________
   Relative or caregiver of cancer survivor
   Lay health worker/promoter
   Health care provider (specify): ______________________
   Other: ________________________________

2-I have health insurance.  Yes  No
   If yes, please list: ______________________

3-My age is _______ years.

4-My gender is  Female  Male

5-My zip code is ________________

6-My race is (check all that apply)
   White
   Black or African American
   Native American
   Asian/Pacific Islander
   Other (specify): ______________________

7-My ethnicity is: Hispanic or Latino
   Non-Hispanic or Non-Latino

8-My current knowledge/experience with this topic
   None at all
   Very little
   Some
   A lot

9-After viewing this presentation I learned
   Nothing new
   A little bit
   Some
   A lot

10-This topic is relevant to my life or my practice
   Strongly agree
   Agree
   No opinion/not applicable
   Disagree
   Strongly disagree

11-The speaker was prepared and informative
   Strongly agree
   Agree
   No opinion/not applicable
   Disagree
   Strongly disagree

12-I would not have been able to attend a lecture on this topic if it had not been available via videoconference/online
   Strongly agree
   Agree
   No opinion/not applicable: I did attend in person
   Disagree
   Strongly disagree

13-Other topics I would like to see addressed include:

14-Did you feel there was any bias toward any particular product or company?  Yes  No

Additional comments/suggestions:

PRESENTATION QUESTIONS

1) What are the American Cancer Society’s recommendations for survivors with regard to diet & physical activity?
   a) Maintain a healthy weight
   b) Consume healthy and plant based foods
   c) Choose whole grains over refined or processed foods
   d) Limit eating processed & red meat
   e) 45 – 60 minutes of intentional activity
   f) All of the above

2) Have the total number of cancer deaths increased or decreased in the last decade?
   a) increased
   b) decreased
   c) not sure
   d) no change

3) What are the obesity associated biomarkers of cancer risk?
   a) Insulin
   b) IGF-1 and IGF-BP-1
   c) Interlukin 6
   d) tumor necrosis factor alpha
   e) SSA
   f) All of the above

4) Which are lifestyle interventions to improve health in cancer survivors?
   a) Adequate sleep
   b) Exercise
   c) Weight control is not a valid intervention
   d) Healthy diet

PLEASE RETURN TO BETTINA HOFACRE
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