¡Vida! Educational Series – August 8, 2013
Mind-Body Medicine: Definitions, Evidence and Techniques for Breast Cancer Survivors

I am a (check all that apply)
  Cancer Survivor (specify type: __________________
  Relative or caregiver of cancer survivor
  Lay health worker/promoter
  Health care provider (specify): __________________
  Other: __________________

I have health insurance. Yes No
If yes, please list: __________________

My age is _______ years.
My gender is  Female  Male
My zip code is __________

My ethnicity is
  Hispanic or Latino
  Non-Hispanic or Non-Latino

My race is (check all that apply)
  White
  Black or African American
  Native American
  Asian/Pacific Islander
  Other (specify): __________________

My current knowledge/experience with this topic
  None at all
  Very little
  Some
  A lot

After viewing this presentation I learned
  Nothing new
  A little bit
  Some
  A lot

This topic is relevant to my life or my practice
  Strongly agree
  Agree
  No opinion/not applicable
  Disagree
  Strongly disagree

The speaker was prepared and informative
  Strongly agree
  Agree
  No opinion/not applicable
  Disagree
  Strongly disagree

I would not have been able to attend in person
  Strongly agree
  Agree
  I did attend in person
  Disagree
  Strongly disagree

Other topics I would like to see addressed include:

Did you feel there was any bias toward any particular product or company?
  Yes
  No

PRESENTATION KNOWLEDGE QUESTIONS

Mind-Body Medicine Skill Groups have been proven to improve quality of life, mood, social support and longevity for breast cancer survivors.

True or False

Mind-Body Techniques for breast cancer survivors that have been found to be significantly beneficial include:
  ___Relaxation and Imagery Techniques
  ___Mind Body Medicine Skill Groups
  ___Art Expressive and Cognitive Behavioral Therapies
  ___All of the Above
  ___None of the Above

Competent Mind-Body Medicine Practitioners are best found through:
  ___The Internet
  ___The phone book
  ___By contacting an academic institution teaching certified Mind-Body Med. Training programs for finding trained practitioners from your area

Research, has proven that all cancer survivors would significantly benefit from these techniques:

True or False

Where did you view this presentation?
______________________________

Additional comments: __________________________

PLEASE RETURN TO BETTINA HOFACRE
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