Well Woman HealthCheck Program & New Health Laws

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¡Vida! Educational Series
Educational Objectives

What is the Well Woman Healthcheck Program?

Who Qualifies for the Well Woman Healthcheck Program? And how it works

New Health Care laws and the impact on Well Woman Healthcheck.
What is Well Woman Health Check: Check on your health.
• Well Women Healthcheck (WWHC) was established in Arizona in 1993 as part of the National Breast and Cervical Cancer Early Detection Program (NBCCEDP)

• NBCCEDP is Administered by the Center for Disease Control (CDC) Division of Cancer Prevention and Control and was created in response to the Breast and Cervical Cancer Mortality Act passed by Congress in 1990.

• This act was designed to increase the early prevention of breast and cervical cancer through prompt follow up and assurance that test are performed according to current clinical guidelines and recommendations among low-income, uninsured and underserved women in the U.S.
Since 1991, the NBCCEDP has grown to include all 50 states, The District of Columbia, 5 U.S. territories and 11 Tribe/Tribal organizations.

In Arizona, The Well Woman Healthcheck County partners include:

- Apache County
- Cochise County
- Coconino County
- Graham County
- Greenlee County
- La Paz County
- Maricopa County
- Mohave County
- Navajo County
- Pima County
- Pinal County
- Santa Cruz County
- Yavapai County
- Yuma County
The Goal of Well Woman Healthcheck

The Goal of Well Woman Healthcheck is to increase access to and utilization of quality screening and diagnostic services to decrease morbidity and mortality from breast and cervical cancer among women who are at risk due to age, medical conditions, income or inadequate access to medical care.

How does Well Woman Healthcheck get money for Screening?

• A combination of CDC (Center for Disease Control), the State of Arizona and Private Grants fund the WWHP in Arizona.
Well Woman Healthcheck Eligibility

• Must be a resident of Arizona
• Must be 40-65 years old for Breast Cancer Screening (18 or over for a person presenting Breast Cancer Symptoms such as:
  • Lumps, Nipple Discharge, Inverted Nipple, Swelling
  Warmth or redness of Breast, Change in Size or Shape, new pain in 1 spot that doesn’t go away.
• Must be at least 21 years old for a Cervical Cancer Screening (Pap test, etc.)
• Having no insurance, having insurance that does not cover Breast or Cervical Cancer Screening or have insurance that has a deductible of 100% or more for preventative screening.
• Gross household income can not exceed 250% of the federal poverty limit.
Well Woman Healthcheck Provides

- Screening and Diagnostic Services
  - Clinical Breast Exams and Mammograms
  - Pelvic and Pap Exams
  - HPV Testing
  - Colposcopy, Cryosurgery and LEEP - loop electrosurgical excision procedure
  - Fine Needle Aspiration
  - Biopsy
- Case Management – a woman with abnormal screening results will be tracked and followed by one of our case managers until treatment (if needed) begins or her diagnostic testing is concluded.
- Public Education and Outreach
- Professional Education
For Breast Cancer

Early Detection is the Best Prevention!

Early detection saves lives! In females – exceeded only by lung cancer, 1 in 8 women in the U.S. will develop invasive breast cancer in their life¹

In 2009 there were 3927 women and 64 men in Arizona Diagnosed with Breast Cancer²

If caught early, women have a 98% chance of beating breast cancer.³

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² Arizona Cancer Registry, 2009

³ Arizona Department of Health Services Website, Breast Cancer Fact Sheet, 6/12/2012
For Breast Cancer
Early Detection is the Best Prevention!

- Exercise Daily
- Maintain a healthy weight
- Eat healthy foods
- Limit alcohol intake
- Don’t smoke
- Call the Well Woman HealthCheck Program to learn about free screening 1-888-257-8502
For Cervical Cancer
Early Prevention and Detection Saves Lives!

In 2012 more than 12,000 women in the U.S. are estimated to be diagnosed with invasive cervical cancer. Most will be younger than 55.¹

In 2009 there were 217 women in Arizona diagnosed with Cervical Cancer. ²

It is easy to prevent Cervical Cancer with:
• Routine Pap test – According to clinician’s recommendation to find pre-cancerous cervical cells
• Vaccinate Early with Gardasil or Cervarix (both approved by the FDA) to protect against cervical cancer. (Gardasil also prevents against genital warts) in teen girls – young women 12-26 and teen boys – young men 12–21.

² Arizona Cancer Registry, 2009
For Cervical Cancer
Early Prevention and Detection Saves Lives!

• Follow-up with your doctor if Pap Tests are not normal
• Don’t Smoke or Quit Smoking
• Practice Safe Sex, use protection every time.
• Limit number of sexual partners
• Maintain a healthy weight
• Call the Well Woman HealthCheck Program to learn
  about free screening 1-888-257-8502
Steps of a

Well Woman Health Check

Check on your health.

Clinic Visit

ARIZONA
Telemedicine
Program
The Clinic Visit

Upon qualifying through a pre-screening interview, patients are given an appointment. A women’s first visit will consist of the following:

- Registration/Eligibility certification
- Sign a release of medical information form to ensure that all records will be shared with all medical professional if needed for diagnostic follow up
- Sign a consent to participate in the program which states that all screening services and applicable diagnostic testing as needed will be covered at no cost to the patient and that if cancer is detected Well Woman Healthcheck does not cover the cost of Treatment. Well Woman will assist them and give them options for treatment services, but we do not cover treatment
The Woman will receive
1. A Clinical Breast Exam (if needed)
2. Referral for mammography or Additional Screening Test (if needed)
3. A pelvic exam (if needed)
4. A Pap Test/HPV Test (if needed)
The Clinic Visit cont..

Once results are received, if normal, patients are told they need to return in 12 months time for routine check-up.

If results are abnormal, the patient will receive a call from our case manager about the actions that will occur and the need for additional follow-up.

Case Managers through guidance from the clinician monitor patient follow up. They educate patients, establish a plan with the patients and encourage and empower the patients to take an active role in their healthcare. This is done through communication, documentation and continued review and revision of the patient’s situation.

Case Managers will stay with a patient until all diagnostic testing is complete and the patient is returned to routine follow-up, treatment for cancer begins, or the patient has withdrawn herself from the Well Woman Program.
When Treatment is needed

If treatment is needed, many patients are referred to the BCCTP Program:

- In 2002, the Arizona Health Care Cost Containment System (AHCCCS) has been paying for treatment for uninsured, legal status/citizens of the US screened through the WWHP as part of their Breast and Cervical Cancer Treatment Program (BCCTP).

- Uninsured women under the age of 65 in Arizona diagnosed with breast or cervical cancer are eligible for BCCTP if their household income is at or below 250% of the Federal Poverty Level.

- In 2012, House Bill 2472 - “Bobbie’s Law” Before this bill was passed into law, only women who were screened through WWHP were eligible to receive BCCTP funds, the law changed in August 2012 to include all women who qualified for BCCTP regardless of where they were screened or their diagnosis took place and they continue to meet eligibility requirements.
When Treatment is needed, cont…

• If patient does not have legal status in the U.S. they are given an option to travel to Hermosillo Sonora, Mexico to receive treatment at the Hospital Oncológico del Estado de Sonora. (Cancer hospital of the State of Sonora) A dorm like facility where patients can go to receive their treatment.

• Attempts are also made to find donated treatment, sliding feel scale clinics or other grant funded treatment programs such as Susan G. Komen, CAN AZ or Southern Arizona affiliates.
New laws and their effect on
Well Woman Healthcheck Program

• Current changes to BCCTP because of Bobbie’s Law HB2472 have now made it possible for every woman diagnosed with Breast or Cervical Cancer to receive BCCTP funds if they are eligible.

• Health Care Reform through the Affordable Care Act (ACA) is due to take effect completely by 2015, in some places later.

• If many or most Americans will have insurance coverage for preventative services, Why the need for a Breast & Cervical Cancer Screening Program?
New laws and their effect on Well Woman Healthcheck Program

• Even with access to Health Insurance and regular medical care, many patients are not being screened. Based on a National Health Interview Survey from 2010, 75% of women aged 50-75 had received a mammogram within the preceding 2 years.¹

• Even with adequate health insurance, many women will still face barriers to obtaining Breast and Cervical Cancer Screening such as:
  • Geographical Isolation
  • Limited health literacy of self efficacy
  • Lack of provider recommendation
  • Inconvenient times to access services
  • Language Barriers²

¹ American Cancer Society, New Roles for Public Health in Cancer Screening, Volume 62. No. 4, July/August 2012
² Moving Forward in an Era of Reform, New Direction for Cancer Screening cdc.gov/cancer/nbccedp/pdf/newdirections_screening.pdf
New laws and their effect on Well Woman Healthcheck Program

- After the Study, *Health Care Reform and Women’s insurance Coverage for Breast and Cervical Cancer Screening* done by the Center for Disease Control (CDC) volume 9 – October 25, 2012 it was found that:
  - Nationwide approximately 6.8 million women would gain health insurance, The NBCCEDP-eligible population would comprise a larger number of women with language and literacy-related barriers.
  - Implementation of the ACA (Affordable Care Act) would increase insurance coverage and access to cancer screening for millions of women, but the NBCCEDP will remain essential for the millions who will remain uninsured.
Summary

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Thank You

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For more information on Well Woman Healthcheck visit:
http://www.azdhs.gov/hsd/healthcheck/wellwoman/
Question 1)

1) A woman who meets the eligibility requirements of the Well Woman Health check program except that she has health insurance that has a $500 deductible for preventive screening \textbf{WILL} qualify for the Well Woman Healthcheck Program.
Question 2)

2) The AHCCCS, Breast and Cervical Cancer Treatment Program (BCCTP) is available only for women seen through the Well Woman HealthCheck Program.
Question 3)

3) Well Woman HealthCheck covers Screening, Diagnostic Testing and Treatment.
Question 4)

4) Case Management plays a vital role in Well Woman HealthCheck.